



the bodhayati vihara buddhist centre



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Sarva he! (Smile)

Welcome to the Bodhayati School of Buddhism

"Rare it is to meet with the Dharma, ultimate and profound. Now is the time to perceive, understand and awaken. Noble sangha, in relaxed concentration, sit at the centre of all universes, a rainbow body. Dwell in emptiness, and bask in the light of your unborn awareness". Ven Edo Shonin (Co-founder & Abbot)



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Contact & Location

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Taking Some Time!

"Take time to stop. Take time to breathe. Take time to relax and enjoy. Constantly ask yourself where is my mind? Am i aware of it? Am i awake? Gently bring the mind back to the present moment. Be gentle with yourself. Be patient".

Ven. Edo Shonin & Ven. William Van Gordon



Welcome to the Bodhayati Vihara Buddhist Centre which makes part of the Bodhayati School of Buddhism. The Bodhayati School of Buddhism was founded by Ven. Edo Shonin and Ven. William Van Gordon and is made up of practitioners from most of the major Buddhist traditions as well as from many non-Buddhist religions. We operate on an entirely all welcome basis and provide a regular timetable of classes, courses, Dharma talks, retreats, Sangha days and festivals.



- ▶ Centre opens Monday 9th May 2011!
- ▶ Sessions guided by our [resident monks](#)
- ▶ Everybody Welcome!



Meditation Shop

Visit our in-centre meditation shop selling meditation related items at excellent prices such as incense, wall hangings, buddha statues, meditation CD's, wooden carvings, singing bowls, calligraphy, altar supplies etc.

Classes & Courses



Our classes and courses start from Monday 9th May 2011. Please call by the centre on Derby Road for further information or keep an eye on the website!



Website under construction

Our website is currently under construction and so please revisit again soon. Alternatively, please feel free to [contact us](#) or you are most welcome to call by the centre on Derby Road!

Simply Being with Nothing to Be

*Nowhere to go, nothing to do
No reputation to build, none to defend
No possessions to amass, none to protect
This is fearlessness born of Apranihita*

*Simply here, simply now
Simply birth, simply death
Simply content, simply aware
Simply abiding, simply being*

*No time, no space
So no here, no now.
No self, no other
So no attachment, no aversion.*

*Letting go with nothing to let go of
Practice with no path to walk
Simply being with nothing to be
This is the all pervading wisdom of
Dharmadhatu*

*By Ven. Edo Shonin
& Ven. William Van Gordon*